

THE ROLE OF COUNSELING TEACHERS IN PREVENTING SEXUAL DEVIATIONS IN THE ALPHA (DIGITAL) GENERATION

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Abstract

Alpha generation (Digital) is the first generation that has truly coexisted with sophisticated technology since birth, this generation is very vulnerable and has always been an easy target for crime through technology, a phenomenon that is currently happening, namely crime and sexual deviation, the target of this action is not only adults but also minors. Given these problems, it will be discussed what is the role of the counseling teacher or counselor to be able to prevent crimes and sexual deviations, especially in the alpha (Digital) generation, in which the counseling teacher is an educator who will assist students in recognizing how to direct and also how to identify themselves, especially about sexuality that must be maintained properly. The purpose of this research is to collect various references regarding the role of counseling teachers in preventing sex deviations in the alpha (digital) generation. This research uses the Library Research method regarding the deviation of the alpha (digital) generation.

Keywords: The role of the counseling teacher Sex deviation, Alpha generation (digital).

1. Introduction

The role of the teacher is how the counseling teacher himself or commonly called a school counselor has an important role in seeing how the social personal learning and career of the students and the school environment itself. Factors that cause individuals to become deviant can be influenced by environmental factors, both due to internal factors, namely family, and external factors, namely association with friends outside the home. The association of children who are friends with gays, then he will be able to be infected and also become gay, the factor of family conditions affects the decision-making by individuals to become gay, discomfort in the family, making individuals decide to seek other comforts outside the home, ignorance of religious values that prohibit the existence of same-sex relationships and weak social control in the environment where the individual lives. Furthermore, two out of three individuals prefer to migrate out of the city because in the city they live in now they are freer and less attached to their parents.

Forms of Sexual Deviance are sexual activities that a person takes to get sexual pleasure inappropriately. Usually, the method used by the person is to use unnatural sex objects. In general, people who experience sexual deviation hide their behavior and do not want to admit it, sexual deviation behavior is interesting to be examined in research with a focus on the problem

of how forms of sexual deviation behavior plague humans and what efforts as prevention. Sexual harassment does not only occur between women and men but also between the same sex. The phenomenon of the existence of men who like to have relationships with men or better known as MSM (Lelaki Sex Lelaki) has existed for a long time. In contemporary terms, MSM (Male Sex Men) are reluctant to be equated with Gay people because they think they can have sexual relations with the opposite sex, while in general they have same-sex relations influenced by the urge or urge for lust for a moment.

The alpha generation born in 1990s is usually called the internet generation, where they are more socially connected with smartphones since childhood. The problem of sexuality among adolescents rooted in information through smartphones is still very risky not least for the generation.

2. Method

The method used in the article *Knowing About the Important Role of Counseling Teachers in Preventing Sex Deviations in the Alpha Generation (Digital)* is to use a literature study approach where collecting data by conducting a study of books, literature, notes, and reports that have to do with the problem being solved (Nazir, 2015).

3. Results and Discussion

Deviant behavior, commonly referred to as non-conformity, is an action taken by individuals or groups in society that contradicts the values and norms of behavior that are not by the values and rules. According to Becker in Tri Astuty, deviant behavior is not a quality that people do, but a consequence of the existence of a rule and the application of sanctions carried out by others against the perpetrators of these actions. According to J.Vander Zander in Tri Astuty, deviant behavior is behavior that is considered reprehensible and beyond the limits of tolerance by a large number of people (Tri Astuty, 2015).

Paul B. Horton stated that deviation is any behavior that is expressed as a violation of the norms of the community group. Meanwhile, according to Lewis Coser in Ilmawati Fahmi Imron, deviant behavior is one way to adapt culture to social change. Paul B. Horton stated that deviation is any behavior that is expressed as a violation of the norms of the community group. Meanwhile, according to Lewis Coser in Ilmawati Fahmi Imron, deviant behavior is one way to adapt culture to social change (Ilmawati Fahmi Imron, Dkk, 2018).

From the opinions of several experts, I can conclude that deviation is the behavior, behavior, or actions of a person who is considered reprehensible to the surrounding environment that is contrary to the values, norms, and rules that apply in society.

According to Sarlito W Sarwono, the problem of sexual deviance in adolescents often worries parents, educators, government officials, experts, and so on. Sexual behavior is any behavior that is driven by sexual desire either with the opposite sex or with the same sex. The forms of this behavior can vary, ranging from feelings of attraction to the behavior of dating, making out, and intercourse. The sexual object can be another person, a person in the imagination, or oneself (Carlito W Sarwono, 2015).

According to Didi Junaedi, the term sexual deviance is often referred to as sexual abnormality, sexual impropriety, and sexual crime. Sexual deviance can be defined as sexual urges and satisfaction shown by unnatural sexual objects (Didi Junaedi, 2016).

From some of the above definitions, researchers can conclude that sexual deviation is unusual sexual behavior such as adultery or extramarital sexual intercourse which is now seen as common among teenagers, especially at the junior high school and high school levels, such as dating that has exceeded the boundaries and religious norms. They commit sexual deviations openly both in the school environment and in the community without shame as if it is a common thing.

Alpha Generation is the newest generation that will determine the success of Indonesian society in the future. Its name is the alpha generation/alpha/gen A. This generation is those born from 2011 to 2025. This is as stated by Santos Yamaguchi The alpha generation includes groups born after 2010 (Ahmad Hidayat, 2021). The characteristics of alpha generation children include native technology used for voice assistants. Alpha-generation children are also thought to enjoy creating video content, playing with electronic equipment, robotics, and coding. Interestingly, they are not too dependent on technology. Alpha generation children born and raised in the era of technological advancement will face many challenges and opportunities in the future. These challenges include facing global warming, experiencing the world economic crisis, the possibility of no social security, and some attending school online because it is cheaper. (Aam Nurhasanah & Richardus Eko Indrajit, 2021).

The word Alpha Generation according to Tolbize is a group of people who can be identified by year of birth, age, location, and events in life that have a significant impact on their stage of development. Members of the generation share experiences that influence their thoughts, values, behaviors, and reactions. Each individual of course brings their personality, certain influences, and backgrounds from race, social class, gender, region, family, religion, and more, but some broad generalizations are possible about the characteristics of those born around the same year (Erfan Gazali, 2018).

McCrindle explains that those born globally from 2011-2025 are called generation alpha. Generation Alpha is just like the first iPad was launched. They grew up surrounded by advanced technology. Generation Alpha will be the largest generation the world has ever seen, the most technologically aware, the most globally connected, and the most influential. Generation Alpha will even surpass the notoriously sophisticated Generation Z in terms of education with 90% and is predicted to complete 12 Years of education, compared to 79.9% currently, and with the majority with tertiary education. Generation Alpha is a group of people born in the period 2011-2025. In this era, there is a new phenomenon emerging with the emergence of different and new figures. The generation that was born after generation Z, was born from the late X and Y generations. The generation that was educated and entered school early and studied a lot, on average had parents who were economically established, educated, and mastered various electronic and communication technologies (Mirza Shahreza, 2017).

In this period, communication technology is so advanced and practical that this generation is predicted to be a generation that is fully dependent on technology in their daily lives, whether for communication, work, or entertainment. The parents of this alpha generation also use technology a lot, so the early introduction of technology and the creation of social media accounts at a very young age is not a surprise for this generation. Not much is known about the future or lifestyle of this generation, but some experts say that the alpha generation will bring about some drastic changes in the social, economic, and lifestyle order, because the Alpha generation grew up in a rapidly developing infrastructure, and their parents tend to have a more established economy than previous generations so they can afford to send their children to the highest level of education. In addition, because this Alpha generation is accustomed to using technology at a very early age, the integration of daily lifestyle with technology is certainly inseparable in this generation. Not only what can be known about the future or lifestyle of this generation, but some experts say that the Alpha generation will bring some drastic changes in the social, economic, and lifestyle order, because the Alpha generation grew up in a rapidly developing infrastructure, and their parents tend to have an established economy compared to previous generations so that they can afford to send their children to the highest level of education.

In addition, because this Alpha generation is accustomed to using technology at a very early age, the integration of daily lifestyle with technology is certainly inseparable in this generation (Edwin Santoso, 2017).

Guidance and Counseling are assistance provided by counselors who have the competence (professional) to individuals of various age stages to help them direct their lives, determine decisions for themselves, and solve the problems they are facing, which means that the counseling guidance program is one of the educational methods carried out in school institutions to find student or participant problems, where through the services provided by the counseling teacher with certain methods can help students to be able to independently solve the problems they are facing.

Counseling Guidance Teachers who are often known as counseling teachers are teachers who are professionally educated in a college to learn the duties, responsibilities, and rights of a counseling teacher in the implementation of counseling guidance activities, counseling teachers are teachers who play a role in developing the potential of students (Triastiti, 2015: 69), one of which is the potential for independence in making decisions, where students through counseling teachers must be able to make decisions, this means that through counseling services students can solve their problems independently through direction and assistance, counseling services are not only used to overcome students' problems but also help develop the potential of fiber talents and interests of students, and also assist in fulfilling developmental tasks.

The duties of a counseling teacher are (Harefa, 2020: 69)

- a. Assist in the development of personal life by helping students understand, and assess talents and interests
- b. Helping to develop a social life, where students will be helped to develop harmonious social and industrial relationships
- c. Development of learning abilities, where the counseling teacher will assist in developing learning abilities to participate in education at school
- d. Career development, providing services and assistance in assessing and also understanding information and making decisions.

It can be understood from the explanation above that the role of the counseling teacher is very important in educational institutions, where the counseling teacher here acts as a forum for analyzing and observing students who have problems in their daily lives, so that it interferes with academics, this is where the counseling teacher will help through data obtained from various sources such as subject teachers, homeroom teachers, parents, surrounding communities and other professions. School is one of the places to shape character and personality, and also a place to receive knowledge that will help students prepare for life in the future, and through school counseling, teachers can help students to avoid bad behavior.

In this increasingly sophisticated era, where the next generation of nations living today is known as the alpha (digital) generation, which is a generation born in an age of sophisticated or digital technology that is very advanced, it makes a lot of very deep concerns, especially in sexual deviance. The rapid advancement of technology certainly has a lot of challenges that will be faced, especially in preparing the next generation of the nation, through this technological sophistication, of course, many crimes indirectly threaten the quality of the younger generation, one of which is sexual crime.

The crime of sexual perversion spread through technological media is very easy to influence this young generation, where they can access through the internet and social media about deviant culture and should not exist in Indonesian culture which is rich in values and norms, especially Pancasila, nowadays there are many teenagers or the alpha (Digital) generation who commit sexual deviations such as liking the same sex which is a very developed culture in western countries, therefore the role of education, especially counseling teachers as a bulwark for the younger generation is very important in preventing such deviations among young people.

With this problem, the duties and functions of counseling teachers are very important in dealing with the phenomenon and also the problem of sexual deviations in the alpha generation (Digital) several roles must be carried out, namely (Firosad, 2016: 75)

- a. Counseling Guidance Teachers in schools provide sufficient moral or religious education services, this is expected to fortify students from deviant sexual behavior.
- b. Counseling Guidance Teachers are required to provide sex education to students because it is very necessary so that students can distinguish which ones are good and which ones are bad.
- c. The Counseling Guidance Teacher asks for help from the parties concerned such as homeroom teachers, subject teachers, parents, the surrounding community, and also experts in preventing sexual deviations.

In addition, several efforts can also be done both in the family environment and the school environment through several approaches, namely:

- a. Teachers must understand the psychological aspects of students
- b. Intensify religious lessons
- c. Provide expert teachers, or collaborate with other professionals to prevent these deviations
- d. Intensify the provision of counseling services

From some of these approaches, it can be understood that the prevention of sexual deviance is not only the BK teacher who takes part but also assisted by certain parties who are experts and also professionals, to protect the young generation

4. Conclusion

The role of bk teachers in preventing sexual deviations at this time is very important, sexual deviations are not only in the scope of the individual himself but deviant behavior commonly referred to as non-conformity is an action taken by individuals or groups in society that is contrary to the values and norms of behavior that are not by the values and rules. it is related to alpha generation children are at a golden age where this period of child development occurs very rapidly and will not be repeated in the next period. Aspects of cognitive, language, moral and religious, physical, motor, and social-emotional development that occurs at this age will be the basis that influences and determines the development of children during adolescence and adulthood.

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