

THE CONTRIBUTION OF SMARTPHONES IN THE UNDERSTANDING OF SEX IN ADOLESCENTS

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Abstract

Gadgets are one of the information and communication technologies that are currently developing so rapidly. Almost all teenagers use gadgets to access various social media. As a result of the development of gadgets, many teenagers can easily access sex/porn media which has led to an increase in early marriages caused by deviant sexual behavior. The use of smartphones among adolescents has an impact on adolescent sexual behavior. This study aims to determine the sexual behavior of adolescents who use smartphones in their daily lives and why this happens, and aims to find out how the efforts made by parties related to the research object in supervising, controlling, and dealing with problems related to the sexual behavior of adolescent smartphone users. In this study, the researcher used the case study method, in which case study research is a research strategy, an empirical study that investigates a phenomenon in a real-life setting. This strategy can include qualitative evidence that relies on multiple sources and previous developments of theoretical propositions. Case studies can use both quantitative and qualitative evidence.

Keywords: Teenager, Smartphone, Sex.

1. Introduction

Developments in the field of information and communication technology have made significant progress for human civilization today. Each individual has a personal initiative to be able to know things or developments that exist in this world and around him. Communication today is very important for human life. Whether it is children, teenagers, adults, or people who have entered old age, they need information technology and communication tools. In ancient times, people used communication tools that were quite difficult to use. Whereas in this day and age, the use of information and communication technology is easier to use. One of the results of the development of technology and communication is gadgets. Gadgets are hardware designed by humans who have expertise in that field, namely in the field of technology and information. The use of gadgets is now widely used by all ages, especially teenagers. Teenagers are one of the age groups that contribute to the largest use of gadgets in the world.

The use of gadgets is basically to make humans more able to find important information. In addition, gadget users can also add knowledge, knowledge, and insight through quality sites that have been contained in the gadget. With the wide opening to access information, this makes it possible for everyone to access various kinds of information. It does not rule out the possibility for adolescents who during their development have a very high or very large level of curiosity. Teenagers are the young generation who in this day and age have very different differences from the previous generation of young people, where now so familiar with technology, it is not surprising that then they easily accept all information from other countries from various parts of the world. Not all of the information they get is information that is by the norms that apply in



Indonesian society, for example, the rules for the use of clothing, food, and drinks that are allowed to be consumed, drugs that are strictly prohibited to use behavior with a free life, performing actions or behaviors such as free sex.

Teenagers' understanding of gadget use should be improved and taught to all teenagers. This is because there have been many cases that occur in the adolescent age group due to the use of gadgets. Not a few teenagers have fallen or fallen into the negative things and influences caused by the use of gadgets. Parents' behavior in increasing control or supervision over their children's use of gadgets should also be improved. This is done to reduce and prevent unwanted actions or behaviors. Apart from parents, schools or other related institutions should also pay attention to the use of gadgets. The gadget users are also expected to be able to think very carefully about the things they want to find in the gadget. In addition, the use of gadgets must also be wise so that anyone who will see or access what we provide in the internet world can provide good, quality, quality, useful, and positive benefits for each individual.

The lack of knowledge and insight of teenagers in aspects of life, often makes teenagers use gadgets to access things related to pornography. In addition, many teenagers are curious about sexual behaviors so they have to find out on the internet through illegal sites or those that violate the rules. Adolescents are not the age to turn a blind eye to sexual matters. The understanding of sex has a positive meaning. However, in this day and age it seems that the understanding of sex is something that has a negative connotation. Teenagers should know, recognize and understand about sex. This is because it will be related to their developmental tasks as individuals or as students at school.

Adolescents can also get an understanding of sex from learning at school, institutions that are responsible for providing an understanding of sex, and also from the internet or gadgets. However, it needs to be emphasized that adolescents must be able to distinguish what kind of understanding of sex they should get according to their developmental stage. Teenagers must have good control over themselves in accessing various kinds of sexual understandings that are general and important to themselves. The understanding of sex in this day and age is also needed by adolescents so that adolescents do not fall into things that violate the life or rules where they live and what they believe in. So this can minimize the negative impact of gadget use in the teenage age group.

2. Method

Research methodology is a process or scientific method carried out to obtain the data needed for the research to be carried out. Case study research is one of the methods that can be used in social-related research in the world. In research that uses this method, a very in-depth longitudinal examination of something, an event, or a situation called a case is carried out. This is done systematically when collecting data, observing analyzing information, and reporting the results. As a result, an in-depth understanding of why things happen is gained and can form the basis for further research.

3. Results and Discussion

Based on the results of observations and interviews, the subject in this study was named DA (initials), aged 17 years. The researcher chose AD as the subject in the study because AD fulfilled the predetermined subject criteria. According to the homeroom teacher, AD is included in students with moderate cognitive abilities with the results of each semester's report card in the top 10 of 25 children.

After conducting observations and interviews with AD's parents, AD's class teacher, and the research subject himself, information was obtained about sexual development. The subject's parents said that in general AD's sexual development developed normally, such as the appearance of primary signs of puberty. The subject said he had his first wet dream at the age of 15. The homeroom teacher said that physically AD has experienced puberty and sexual development.

Based on the results of observations and interviews in the field, most students bring smartphones to school every day, including AD. From the confession of the subject and his parents, the subject has had AD since he was in junior high school and his parents do not monitor what the subject does with his smartphone. The intensity of smartphone use is very frequent. According to the subject's parents, and the teachers said that AD uses the smartphone almost all the time also during school hours.

The subject stated that he uses the smartphone to communicate with his friends, search for learning materials at school, be active on social media, make short videos which are then uploaded to YouTube, and watch videos and photos of beautiful women. One of the teachers said that he had caught AD watching videos with kissing scenes and had also seen AD's masturbation pictures. Although there are positive benefits to using smartphones, of course, teenagers also have negative impacts such as the impact on adolescent sexual development.

Adolescence is a transitional period from childhood to adulthood. The physical, cognitive, and socio-emotional development of adolescents is of course related to adolescents' sexual attitudes and behavior. Adolescents have so much sexual curiosity and fantasy that it causes them to freeze what adults do and try new things and are very vulnerable to misinformation about sexual behavior. Most teenagers now depend on electronic devices such as smartphones, tablets, iPads, laptops, or more commonly called gadgets. Teenagers' dependence on gadgets that they consider as study support or to keep up with the times can be an obstacle to their studies if not used according to their actual functions and wisely. Therefore, researchers conducted observations and interviews to see the contribution of smartphones in understanding sex in adolescents.

The contribution of smartphones in understanding sex in adolescents is influenced by several factors, 1) the factor of easy access to information media using smartphones. This is by the factors that influence adolescent sexual behavior. Adolescent sexual behavior is influenced by access to information media on sexuality and reproductive health. 2) parenting factors. Based on multivariate analysis, parenting is the factor most associated with sexual behavior after being controlled. 3) lack of knowledge about reproductive health. Efforts made by the school in overcoming the use of smartphones during class hours are by making regulations that prohibit the activation of mobile phones/smartphones during class hours, conducting periodic mobile phone raids to find out what students store on their mobile phones, and appealing to parents to always monitor their children's activities outside of school hours. Efforts to overcome this

problem should be carried out by those who have the skills, such as guidance and counseling teachers or school counselors

4. Conclusion

Conclusion In this study, there is a contribution of smartphones in understanding teenage sex. the contribution of smartphones in understanding sex in adolescents is influenced by several factors, 1) the factor of easy access to information media using smartphones. This is by the factors that influence adolescent sexual behavior. Adolescent sexual behavior is influenced by access to information media on sexuality and reproductive health. 2) parenting factors. Based on multivariate analysis, parenting is the factor most associated with sexual behavior after being controlled.3) lack of knowledge about reproductive health.

5. Suggestion

- a. For teenagers to utilize the free time to do activities that are beneficial to themselves and others. Use smartphones as needed by understanding the functions, benefits, and impacts of smartphones so that they can be wiser in using them.
- b. Parents, before giving smartphones to children, it would be better to know in general how smartphones function and how to use them so that they can supervise the activities carried out by children when using smartphones.
- c. Parents, before giving smartphones to children, it would be better to know entirely how smartphones function and how to use them so that they can supervise the activities carried out by children when using smartphones by always ensuring that their children access useful content and information on the internet, monitoring what applications are contained in smartphones. In addition, it is necessary to approach and communicate between parents and adolescents about the functions and proper use of smartphones.

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